

Name .....

## Social Skills

Take a second look at the family happiness skills you read about in lesson one and the rules in lesson seven, and apply them here.

1. Respect: consideration for others' needs, feelings, and gifts

You and your friends are into skating, but your date isn't. At the skating center, he or she is trying hard, but is looking very awkward and interfering with your fun.

What are you going to do and say?

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2. Affirmation: the skill of acknowledging the importance of someone

You're out with a group of friends. There's a person of the other sex with you who is new to the group, and acting a little shy. What can you do?

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3. Generosity: being humble and willing to give for the sake of another

Your date is always fun to be with. But on this occasion, he or she seems very quiet and withdrawn. How will you handle this?

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4. Communication: the skill of two-way conversation

At a friend's party, you're sitting next to a classmate you don't know very well.

What two questions could you ask to get a conversation started?

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## Role Models from Your Faith Family

No one can be exactly like another person. But you can try on the best qualities of people you respect. Write down the qualities you most admire in each of these people from your Faith Family.

### Jesus

Imagine the qualities it took to leave home and a secure life to tell people about a new way of life. Jesus had unconventional friends, and gave His best to everyone. He risked persecution of His beliefs.

Qualities I admire in Jesus:

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### Saint Teresa of Avila

Teresa was devoted to God, but her life was not all silence and solemnity. She led her nuns in observing strict rules of poverty and obedience, but also led them in dancing with castanets on feast days.

Qualities I admire in Saint Teresa:

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### Saint Don Bosco

"Singing, shouting, scabrous slum boys" is what people called the tough kids Don Bosco took in. "Bosco is mad," said others. But Saint Don Bosco turned the boys' lives around with his love and respect.

Qualities I admire in Saint Don Bosco:

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1. Choose a role model from your present-day Faith Family, and name two qualities you most admire in him or her.
2. Of all the qualities you've named above, circle those that you would most like to make part of your own life.