Catholic Prayers to Know

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with you!

Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

Grace Before Meals

Bless Us O Lord and these thy gifts which we are about to receive from thy bounty through Christ Our Lord. Amen.

Act of Contrition

O my God, I am sorry for my sins.
In choosing to sin, and failing to do good,
I have sinned against you and your church.
I firmly intend, with the help of your Son,
to make up for my sins and to love as I should.

